

GARRISON KEILLOR TO ROMANCE RICHMOND; LONI LOVE COMES TO LEXINGTON — F3

LIVING SUNDAY



PHOTOS COURTESY OF PERIDOT GROUP

Palmiste Ridge is on the Waitukubuli National Trail, a 115-mile system of trails that goes from one end of Dominica to the other. Gorgeous scenery accompanies the hiker all along the way.

BEAUTIFULLY KEPT SECRET

Caribbean island of Dominica is gorgeous, unspoiled



An aerial tram provides a 90-minute canopy-kissing ride above the rainforest. Listen for the tiny mountain whistler.

By Patti Nickell

Contributing Travel Writer

As journeys go, this one didn't have the most promising beginning. Starting with a wake-up call at an ungodly hour to make my very early morning flight, it continued with a taxi driver who arrived 20 minutes ahead of schedule and then seemed miffed that I wasn't quite ready. The climax came at the airport, when the ticket agent at the U.S. Airways counter asked me how I wanted to pay for my bag.

I explained that I was flying international and didn't need to pay for my bag, to which he replied, "U.S. Air doesn't consider the Caribbean international. May I see your passport, please?"

Um, OK. (U.S. Air also doesn't consider Canada, Latin America, Bermuda or South America, except Brazil, to be international either,

according to USairways.com.)

The bright spot was my final destination: the beautiful island of Dominica. Not to be confused with the Dominican Republic, Dominica (pronounced DOM-i-NEE-ka) lies between the islands of Martinique and Guadeloupe in the southern Caribbean.

Of the 103 countries I have visited, this is one of the most beautiful.

It has frequently been said that if Christopher Columbus, who first sighted it in 1493, were to return to the Caribbean today, Dominica is the only island he would recognize.

Dubbed "the Nature Island," it has an abundance of natural riches: two coasts (Atlantic and Caribbean), six major mountains (the highest, Mont Diablotins, is 4,747 feet), 16 waterfalls, the world's sec-
See DOMINICA, F4



The Emerald Pool, deep in the rainforest, is one of the island's most famous beauty spots.

Sky inspires rather than limits composer

Philharmonic gets its turn to premiere his work

By Rich Copley

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Daniel Kellogg's studio near Boulder, Colo., has a great view.

"I have a panoramic view from mountains to the west all the way to the flat horizon to the east," Kellogg says. "It's quite a nice view."

Let's call it inspiring.

That view inspired Kellogg's *How Radiant the Dawn*, a work commissioned by the Lexington Philharmonic Orchestra that will have its world premiere Friday night. Kellogg already has been here once

in the past year — to debut his chamber work *Look Up at the Sky* with the Chamber Music Festival of Lexington.

The commissions are the first product of the festival and Philharmonic's Sakaly Garbulinska Composer-in-Residence Program, which will bring in a composer every other year to write a new work for the festival and the orchestra. It is up to Philharmonic music director Scott Terrell and Chamber Music Festival

See PHILHARMONIC, F6



RICH COPLEY | rcopley@herald-leader.com

Composer-in-residence Daniel Kellogg returns for the second Lexington world premiere of one of his compositions.



DESIGNHOUSESTOCKHOLMUSA.COM

This crochet-inspired bicycle basket is just the accessory for spring bike rides around town. It's \$79 at Designhousestockholmusa.com.

FASH FOOD TREND REPORT

What's hot in fashion and beauty

Old-fashioned crochet goes modern for spring 2012



HARRIETT HENDREN
HERALD-LEADER FASHION WRITER

When retailers switch out heavy winter fabrics and dense colors for spring's lighter fashions and decor, many of this year's offerings will feature elements of see-through materials, including the classic look of crochet.

This traditional form of needlework is a big part of spring 2012. Looks include

sheer overlays, eyelet accents and loose, floating knits.

This old-fashioned weave is made modern when used in new and interesting ways.

A sexy Jessica Simpson swimsuit gains texture and interest with the addition of crochet along the bandeau top and hipster bikini bottom. A Burberry Prorsum spring coat made of a futuristic shiny nylon-linen blend gets an exotic air from a colorful crochet trim accented with wood beads.

See FASH FOOD, F6



RICH COPLEY | rcopley@herald-leader.com

Teresa Garbulinska and Ronald Saykaly channeled their love of music into the Saykaly Garbulinska Composer-in-Residence Program.

COPIOUS NOTES

Couple took a chance to encourage new music



RICH COPLEY
HERALD-LEADER CULTURE COLUMNIST

Ronald Saykaly didn't know exactly what he was paying for.

The Lexington physician and his wife, former concert pianist Teresa Garbulinska, attended the inaugural Chamber Music Festival of Lexington in 2007 at the invitation of friends.

At the first event, they met festival president Charles H. Stone. Saykaly says, "I was so impressed with what they did, the tremendous volunteerism and high quality of the performance, I told Charlie, 'Look, if you ever need help, I'd be happy to help you with something.'"

Less than a year later, Stone came calling. He had met a young composer, Daniel Thomas Davis,

See COPLEY, F6