

MONDAY, FEBRUARY 6, 2012

Buy photo reprints at Kentucky.comPHOTOS BY PABLO ALCALÁ | palcala@herald-leader.com

Rachael Peake is owner with her husband of Capital Cellars, a wine emporium in Frankfort. The business, which offers classes in all subjects wine related, has been chosen one of the best small businesses in Kentucky, according to the Kentucky Small Business Development Center's Pacesetter Program.

AT A GLANCE

Capital Cellars
Details: 227 W. Broadway, Frankfort. (502) 352-2600. Capitalcellars.com.

Employees: Nine

Hours: 10 a.m.-9 p.m. Mon.-Thu.; 10 a.m.-10 p.m. Fri., Sat.

Offerings: Wine, select beverages and food for sale; classes; wine tastings; "Cru Club" wine-of-the-month club

Rachael Peake's favorite wines: Petit syrah from Paso Robles, Calif.; high-end Argentinian cabernet sauvignon; and real French chablis, which Peake said is "not oaky" but rather "crisp and clean ... flinty"

RAISE A GLASS TO MARKET'S SUCCESS

Frankfort wine merchant recognized by Pacesetter Program



The wine store opened in 2006 and used repurposed items from the antiques store that formerly occupied the building. The store also sells some bourbons and beers.

By Cheryl Truman

[ctruman@herald-leader.com](mailto:c Truman@herald-leader.com)

FRANKFORT — Rachael Peake, hair tied back, running shoes laced up, has just finished a jaunt on foot around downtown Frankfort, as well as the lunchtime rush at her award-winning market and café, Capital Cellars in Frankfort.

The wine emporium is housed in a former antiques store furnished in found and repurposed items. Church pews became a counter and seating area, and friends from a cycling club and

other volunteers helped refurbish and redecorate the space before it opened in November 2006.

But the most obvious feature of the space is that it is packed with wine bottles, along with bourbon and some beer (not Bud Light, Peake says, and no "sticky" drinks such as daiquiris). A huge map of Kentucky adorns one wall.

Capital Cellars offers wine education classes, a winemaking program, wine dinners a few times a

See **PACESSETTER, C2**

Lexington could be a petri dish for growing new companies



TOM EBLEN
 HERALD-LEADER
 COLUMNIST

The Lexington Venture Club's annual celebration of local entrepreneurs last week had a '70s disco theme, but it was all about the future of economic

growth in Central Kentucky.

As a couple hundred people mingled beneath glittering disco balls at Buster's Billiard & Backroom on Manchester Street, Warren Nash, director of the University of Kentucky's Lexington Innovation & Commercialization Center, reported some encouraging statistics. The 78 early-stage

companies surveyed by the Lexington Venture Club reported receiving \$69.9 million in funding last year, the most since statistics started being kept in 2005. The biggest source of that funding was so-called angel investors — people willing to risk their own money on

See **EBLEN, C5**



DAVID PERRY | dperry@herald-leader.com

Lafe Taylor, left, is from Pheeva, an HTML 5 game platform. Liang Hu, is from 3H Company LLC, a technology developer for carbon capture.

THE JOB HUNT

Time to reinvent yourself, be more assertive

Focus on what you want, take small steps



LENROY JONES
 CONTRIBUTING
 COLUMNIST

Actor Dennis Quaid, known for a successful career rebound in the 1980s, once said, "If you're going to stick around in this business, you have to have the ability to reinvent yourself, whether consciously or unconsciously."

Although he was talking about the movie industry, the same can be said for anyone making a career change or conducting a job search. It's important to follow your dreams and passions, but you might want to consider some ideas to reinvent yourself if you're finding it difficult to secure employment or are underemployed.

Here are some ideas to consider:

Avoid overthinking. Don't spend the majority of your time analyzing all your options and barriers. Simply plan and identify three options that you have interest in pursuing. Look for work related to what matters to you, and understand that you can always change your mind. You should begin to focus your goals and objectives on achieving these interests. Invest time in becoming familiar with your chosen industry by researching trends, products, organization culture and the skills required to succeed.

Set goals. Being organized will be key to your success, as committing to overhauling your career can be overwhelming. Your goals should be specific, reasonable, measurable and relevant, as well as have a time line for completion. Commit yourself to work on your job search daily. Rely on whatever motivates you, be it friends, family, music, etc., to stay focused. Take it one step at a time and, before you know it, you'll be working in your career of choice for a competitive wage.

Identify mentors. These are people who can provide you with consultation, as well

See **JONES, C2**

FREE CAREER WORKSHOP

What: Join career columnists Lenroy Jones and Theresa Mickelwait and Shalyce Jackson of Just Ask! Consulting Services & Associates to learn about "Goal Setting: Fresh Start on Your Career Search."

When: 9-11:30 a.m. Feb. 18

Where: Coffea, 385 Rose St.

Cost: Free

Learn more: Facebook.com/CareerDude

To report a news tip Call (859) 231-1447 or toll-free at 1-800-950-6397 » Email hlbusiness@herald-leader.com

We are your **Key**
 to Owning Your **Own Home**

Pre-Qualify **BEFORE** You Buy!



**Community
 Trust Bank**

building communities...built on trust®

Visit us online at
www.ctfb.com

Member FDIC

1.800.422.1090