

# LIFE

## + HOME

## TOUGH TIMES FOR CHURCH OF SCIENTOLOGY

LIFE + FAITH, B6



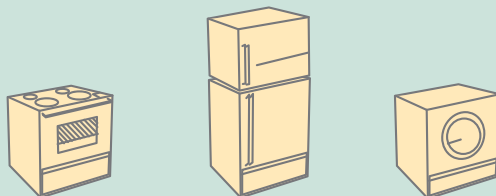
## COMING IN BUSINESS MONDAY WHAT'S UP WITH LEXINGTON MALL?

SATURDAY, NOVEMBER 7, 2009

## Routine maintenance makes good cents

Taking the time to do a little preventive maintenance on household items is far less costly than having to replace a soiled carpet, a broken vacuum cleaner or a scratched TV.

The October issue of ShopSmart magazine, from the publisher of Consumer Reports, has tricks to make household products last.



### Appliances

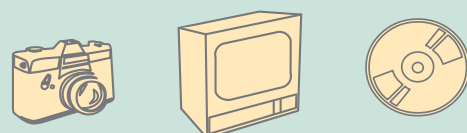
**Clothes washer:** Don't overload it! That wears down the machine.

**Dishwashers:** Periodically remove any debris from the filter and the bottom of the machine.

**Gas ranges:** Inspect the burners regularly and clean the burner ports with a needle. But don't touch the igniter.

**Refrigerators and freezers:** Clean door gaskets with water and mild detergent periodically. Also, vacuum the coils every few months. They tend to collect dust, which decreases efficiency and raises energy costs.

**Vacuum cleaners:** Coins and other small objects can damage the power head and even the motor on some uprights, and string can wind its way around the rotating brush. Unplug the machine and dislodge items ASAP.



### Electronics

**Digital cameras and camcorders:** Use the strap to keep from dropping your camera, and stow the camera in a case when it's not in use. Clean dirty lenses gently with a microfiber lens cloth and lens-cleaning fluid.

**Laptop computers:** Use them on a flat surface. Soft surfaces can block airflow and lead to overheating.

**LCD TVs:** Clean the screen gently with a soft, slightly damp cloth, ideally a microfiber one. Avoid cleaners and paper towels, which can cause scratches.

**CDs and DVDs:** If you have to clean one (avoid cleaning it unless it's dirty), wipe it with a soft, lint-free cloth from the center to the outer edge as if you were slicing a pie.



### Kitchen gear

**Baking pans:** Dry thoroughly after washing to prevent rust. Smearing a little vegetable oil onto the sides and bottom with a paper towel after each use also will work.

**Knives:** When they're not in use, store them in a wooden knife block or individual plastic shields. And keep them out of the dishwasher, which can pit blades and cause wooden handles to crack.

**Non-stick pots:** Hand-wash your pots, removing burned-on food with a plastic scrubber.

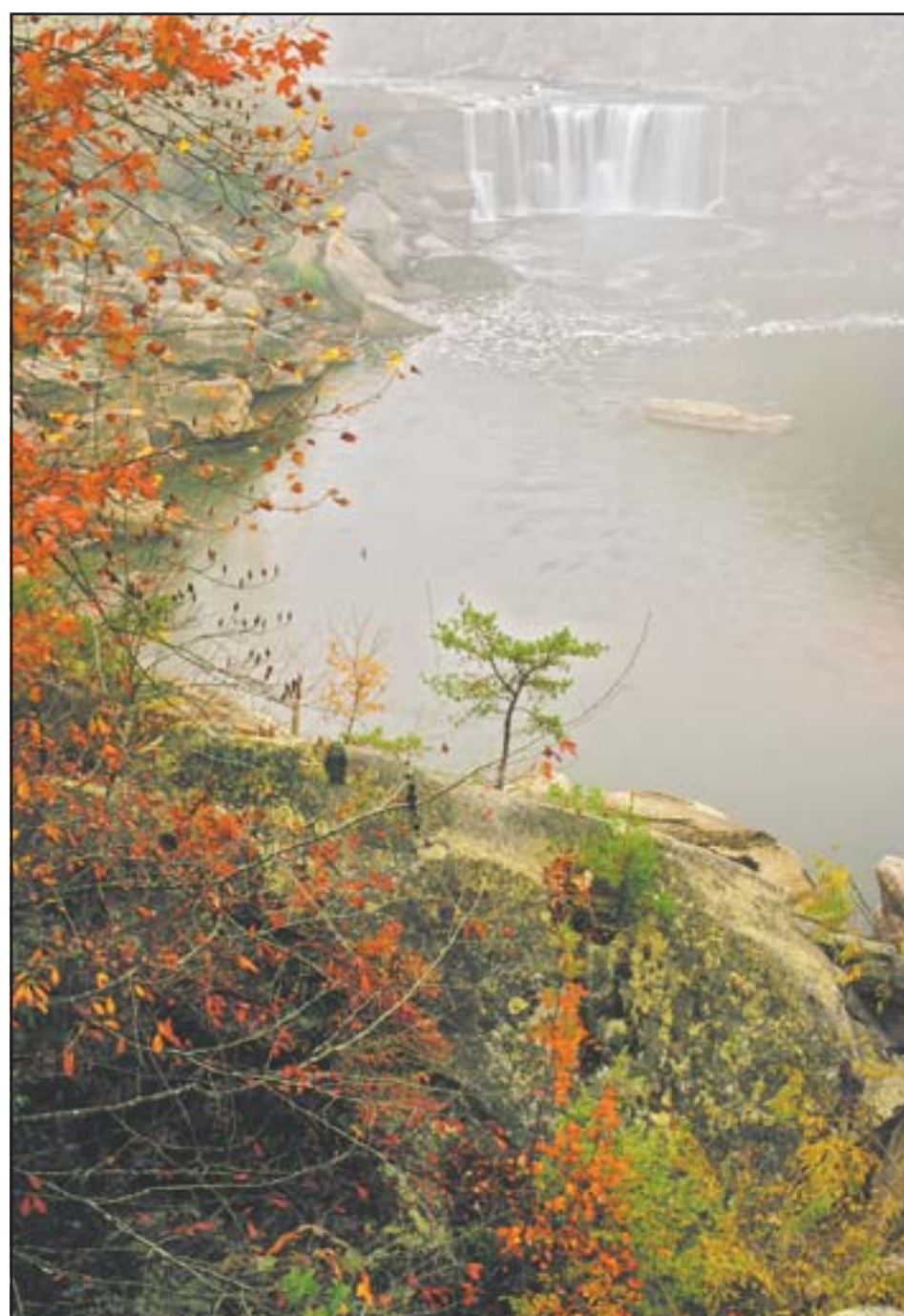
**Stainless-steel flatware:** Use a stainless cleaner to remove scratches and stains, and restore shine. Scouring powder or steel wool can cause scratches and reduce stain resistance.

**Teakettles:** Remove mineral deposits from the interior by filling the kettle with equal parts white vinegar and water, bringing it to a boil, and allowing it to stand overnight.

AKRON BEACON JOURNAL



# NEW LOOK AT GOD'S WORK



PHOTOS BY THOMAS BARNES

Above: Thomas Barnes' latest book, *The Gift of Creation: Images from Scripture and Earth*, includes this photo of Cumberland Falls. In addition to Barnes' photos, the book includes a series of essays on scriptural basis for environmental stewardship.

Top left: The green tree frog can be found in Kentucky and most Eastern states.

Top right: This photo was shot in Yellowstone National Park.



The book includes images of environmental damage, such as this photo of clear-cutting.

## Photo book has environmental and religious message

By Andy Mead

amead@herald-leader.com

When the Cuyahoga River caught fire in Cleveland 40 years ago, it made a lasting impression on a young boy named Tom Barnes.

It also drew attention to the nation's environmental problems and set the stage for a raft of laws aimed at cleaning things up.

Barnes, who went on to study wildlife and take beautiful photographs of Kentucky's great outdoors, has spent his adult life learning and teaching about conservation of natural resources. For most of that time, he thought that education and better laws eventually would solve the world's pollution problems.

Now 52, with several books and two decades as a University of Kentucky extension wildlife specialist under his belt, Thomas G. Barnes is trying a new tack.

He has supplied photos and an essay for *The Gift of Creation: Images From Scripture and Earth* (Acclaim Press, \$39.95).

The book, edited by Norman Wirzba from Duke Divinity School, is a series of essays on the scriptural basis for environmental stewardship.

People of faith are among those whom the book hopes to reach. Barnes said his research has shown that although every major religion has a statement about the importance of caring for the natural world, there is a disconnect among the people practicing those religions. "Generally speaking, the

See BOOK, B2

### IF YOU GO

**Thomas Barnes signings for *The Gift of Creation*:**

■ 10 a.m. and 12:30 p.m. Sunday at the Newman Center, 320 Rose Ln. (with the Rev. John S. Rausch).

■ 2 p.m. Nov. 13 at Joseph-Beth Booksellers, The Mall at Lexington Green.

■ 1 p.m. Nov. 20 and 21 at Cokesbury Books, 1555 E. New Circle Rd.

■ 2 p.m. Dec. 5 at The Morris Book Shop, 408 Southland Dr.

### CLIPPINGS

## Garden magazines: gifts that grow on others



SUSAN SMITH-DURISEK  
CONTRIBUTING COLUMNIST



Garden writer Susan Smith Durisek writes about Central Kentucky gardening in her blog, *Inside/Out & About* at Kentucky.com.

holiday offers.

Here are some of my favorites:

■ **Horticulture: The Art & Science of Smart Gardening.** www.hortmag.com. Glossy photos and well-known writers make some interesting reading. William Cullina's feature on native grasses in the current issue is insightful.

■ **The Herb Quarterly.** www.herbquarterly.com.

See CLIPPINGS, B2

Wouldn't you like to have some fresh ideas, month after month, for projects and plants to try in your garden or home landscape? All sorts of garden magazines offer color photographs of model gardens, articles on topics ranging from specific plant profiles to general how-to advice, and plenty of sources for decorative elements and supplies that gardeners need.

If you're trying to think of holiday gifts for gardening friends and relatives, subscriptions will deliver a year-round present. Rates vary, so look for special

Life + Home Editor Sally Scherer » Phone (859) 231-3303 » E-mail hlfeatures@herald-leader.com



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